

Exciting opportunity for a Post CCT Fellowship GP

Based at West Road Medical Centre in partnership with Changing Lives.

Changing Lives sessions will focus on the development of services for the mental health and wellbeing of people facing multiple and complex disadvantage.

Are you:

- Friendly, caring, innovative and organised?
- Interested in multidisciplinary working and breaking down barriers to care for vulnerable groups?
- Able to work independently and share your learning with colleagues?

West Road Medical Centre, in partnership with **Changing Lives**, is recruiting a Post CCT Salaried GP to lead a 12 month project to enhance and develop services for people facing multiple and complex disadvantage. The postholder will have the opportunity to explore existing provision and gaps, share expertise across the system, and propose changes.

West Road Medical Centre is a busy, vibrant practice in the west end of Newcastle. We have 10,000 patients with a mixed demographic. Our primary care team is growing to provide enhanced support for our clinicians. We have been rated outstanding twice by the CQC. We are strong believers in advocating for our patients and raise awareness of health inequality. We have successfully supported other GP fellows to achieve interesting outcomes and are keen to support portfolio working.

Changing Lives is a national charity who believe that anyone experiencing a difficult time should be supported to change their life for the better.

The GP will work a number of 'regular' clinical sessions at our practice and be released for up to 2 sessions per week with Changing Lives (pro rata if less than full time).

The post will consist of:

- 2 development sessions (pro rata) working with colleagues from Changing Lives, visiting existing services, training members of the MDT, listening to citizens, designing services
- GP sessions within a WEFH practice – sessions negotiable – must be more than 3 up to a maximum of 6
- 1 CPD session (pro rata) with a generous study budget for academic resources, travel etc

We have a strong educational ethos and support professional development. Applicants should be within their first 2 years post CCT. The 12 month term can be extended subject to HENE approval for part time workers.

Salary: Competitive

Applicants should send their CV and covering letter to the Practice Manager at West Road Medical Centre by email west.road@nhs.net. The covering letter should explain why you are interested in this particular project. Please apply before 5th January 2022.

Mental Health and Wellbeing GP Post CCT Fellowship

Job Description

This job description describes the 'fellowship' sessions, regular clinical sessions are covered by the standard GP job description.

Our contract is based on the BMA model contract.

West Road Medical Centre, in partnership with **Changing Lives**, is looking to recruit an enthusiastic GP to lead a 12 month project to improve the mental health and wellbeing of people who are experiencing multiple and complex disadvantage.

The post will consist of:

- 2 sessions per week (pro rata) of project work focussing on mental health and wellbeing for people coping with multiple and complex disadvantage
- 1 session per week (pro rata) of professional development including self-directed study and attending an educational programme organised by HEENE, with a generous study budget
- Between 3 and 7 standard GP sessions per week within West Road Medical Centre
- Flexible working can be considered

The two project work sessions would involve working with specialist Changing Lives staff in a range of settings. The successful candidate will contribute towards enhancing mental health and wellbeing outcomes for individuals. This will be achieved through:

- Running educational groups to build mutual aid and social capital.
- Supporting Changing Lives staff to understand how they can recognise early warning signs and triggers, and how best to get people the support they need, clinical or otherwise.
- Training colleagues on engagement with homeless people and resources/support available locally
- Ensuring people receive the right support and interventions at the right time, tailored to their own circumstances and building on their strengths and aspirations. This will include working directly with individuals and supporting them to engage with community assets, primary care, and any required specialist mental health support, and breaking down barriers to accessing services.

The Changing Lives sessions will offer the opportunity to learn about the best ways of providing strengths-based and trauma-informed support to people facing disadvantage. There may be scope to test strategies during with patients during the fellowship sessions, this would only be with patients registered at West Road. This would be designed by the fellow in conjunction with Changing Lives and West Road Medical Centre. The fellow would have the opportunity to consolidate this experience through their practice-based sessions, where they would focus on a broad range of mental health and wellbeing issues. We welcome applications from newly qualified GPs as we are well placed to support their developing professional aspirations and we are keen to give GPs the opportunity to gain relevant experience and develop their skills.

The successful candidate will be:

- Friendly and caring
- Innovative and flexible
- Collaborative and open to multidisciplinary working
- Organised and able to work independently
- Interested in training and sharing their learning with colleagues
- Within first 2 years post CCT

Education and support will include:

- Generous study budget available
- Changing Lives mentor and GP buddy based at West Road
- Links with the Primary Care Network for networking
- Links with other GP fellows
- Flexibility of scope

Salary: negotiable

Deadline: 5th January 2022

Applicants should send their CV and covering letter to: **west.road@nhs.net** for the attention of the Practice Manager.

**Person Specification: Mental Health and Wellbeing GP Fellowship
(West Road Medical Centre in partnership with Changing Lives)**

Attributes	Essential	Desirable
Qualifications	<p>Basic Medical Degree. MRCGP by intended start date Safeguarding Level 3. Basic Life Support. Equality and Diversity Training. Hold, or be eligible to hold, a CCT/CEGPR by intended start date Last ARCP satisfactory (outcome 1 or 6)</p>	<p>Additional pre-CCT qualifications of relevance to chosen fellowship career path. Mental wellbeing expertise Understanding of wider primary care roles including social prescribing, mental health workers and others.</p>
Experience	<p>Working as a GP / Registrar within the last 2 years. Early career GP (ST3 or within first 2 years of General Practice)</p>	<p>Proven interest in development of primary care. Leadership, education or academic experience. Proven interest in the chosen fellowship path. Quality improvement project experience</p>
Knowledge	<p>To be able to comprehend, plan and prioritise work. To have innovative ideas and develop into reality. Up to date knowledge of:</p> <ul style="list-style-type: none"> • Acute illness in adults and children. • Mental health. • Health Promotion. • End of Life Care. • Cardiovascular Disease. • Wider determinants of health and health inequalities 	<p>Additional experience, training or skills in the chosen fellowship path</p>

**Person Specification: Mental Health and Wellbeing GP Fellowship
(West Road Medical Centre in partnership with Changing Lives)**

Attributes	Essential	Desirable
Skills	Coping with pressure. Resilient and pro-active attitude. Ability to work on own initiative. Organising and prioritising own work. Excellent verbal & written communication skills. Moderate competence level in use of IT for word processing, email, spreadsheets and & social media. Report writing.	Developed protocols/guidelines. Track record of public speaking, presentations or publications. Track record of development of IT or social media project. Leadership post
People Skills	Ability to listen to the needs of others / active listening. Ability to work as part of an integrated multi-skilled team.	Evidence of managing people and projects.
Values	Working together for patient. Respect and dignity. Commitment to the quality of care. Improving lives. Compassion. Everyone counts.	
Other	Registered on the Medical Performers List. Registered with the GMC As part of the selection process for this post, applicants will be required to undergo a “ Disclosure and Barring Service ” (DBS) criminal records check (previously known as Criminal Records Bureau / ISA checks). If successfully appointed, the applicant will receive confirmation of which checks and/or registration they are required to have. The applicant will confirm whether they are under investigation for fitness to practice or outstanding criminal proceedings. Applicant must have access to a road legal vehicle with fully comprehensive insurance for business use. Applicant must have a full UK driving licence. Any endorsements must be disclosed.	